

Informal FBA

Student Info

Name: Bob John

Age: 14

Diagnosis: Autism

Target Behavior: Making frustration noises/gestures while on bike ride with Pride staff. (Hitting face, swearing, yelling, shouting “hot dog”, discussing putting people/animals in pain)

Findings from each Assessment: The findings were found by conducting observations and asking questions on the FAST questionnaire. The team consisted of Pride staff, the student, and parents. The student was not able to answer all the questions on the FAST, so some questions were left out, but a good hypothesis was derived from the information that was collected. Baseline data was recorded by staff by using a Fitbit watch that allowed staff to track, how far apart each frustration period was, how far Bob had traveled before the frustration, and during breaks the staff marked in the note app on her phone the circumstances surrounding the frustration. The team hypothesizes that:

Bob will become frustrated when:

1. He becomes overheated
2. He becomes too cold
3. While on the bike ride, the wind becomes too strong in his face
4. A dog barks
5. He loses track of time/direction.
6. Staff does not allow Bob to talk about putting animals or “characters” in pain
7. He becomes tired
8. Staff tells Bob he cannot go a direction that he wants.

Bob will not become frustrated if:

1. He wears layers of clothing that he can take on and off as he pleases
2. He has enough water along to last the whole trip
3. He can lead the way throughout the bike ride
4. The weather is calm and warm
5. Staff respond to Bob in an engaging way. (Do not just say “okay” to everything he says)
6. Staff remind Bob of his goal. (Usually will be to get chocolate or candy at the end of the bike ride if no frustration noises are made)
7. Bob is given many breaks throughout the bike ride
8. The bike trail is relatively empty and free of dogs and other people.
9. Staff use a calm and quiet voice when Bob is showing beginning signs of frustration

Summarized findings: The team hypothesizes that the function of behavior for Bob during the bike ride is sensory since most triggers are associated with sensory functions. Data has shown that there are multiple antecedents that will possibly cause the behavior, and so staff should be mindful and understand many of Bob’s begging behaviors of frustration. If a break is taken in the begging of a

behavior, Bob will more than likely be able to calm down. While on the bike ride staff should be reminding Bob his goal (consequence) of not making frustration noises and being safe. Often if Bob does reach this goal, he will receive some type of reward at the end of the ride. The reward is given by the family after staff leaves. Bob will continue to go on bike rides, and work to eliminate his frustration behaviors that are unsafe.